#### I. Welcome and Introductions

Peggy A. Montes, Chairperson, Commission on Women's Issues

### II. Hon. Toni Preckwinkle, President

Cook County Board of Commissioners

### III. Introduction of First Speaker

Peggy A. Montes

#### IV. Speakers

**9:15 Kim Blechschmidt**, Director Planning, Program Design and Grants Management, Age Options

Older Americans Act and the Suburban Aging Network

**9:25 Wendy Cappelletto,** Supervising Attorney, Office of the Public Guardian of Cook County

Issues Affecting Public Guardianship

**9:35 Nkechi Florence Townsend, Ed. D,** Director, Messiah Senior Action Network, CRS Senior Action Network

Coping Skills the Mature Woman Needs to Manage Mental Health Challenges

**9:45 Mayra Salazar,** Public Affairs Specialist, Social Security Administration *What Women Should Know About Social Security* 

**9:55 Cheryl Woodson,** M.D., FACP, AGSF, The Woodson Network *AGE EXCELLENTLY!!* 

10:05 Nancey Epperson, Constituent Advocate, Center on Halsted

**10:15 Merri Dee,** State President, AARP Illinois *Our Senior Years, Living Happily & Productively* 

**10:25 Beverly Kimmons,** Director, Diversity Initiatives, Alzheimer's Association – Greater Illinois Chapter

Dementia Caregiving: Emerging Trends in Prevalence and Care

10:35 Marian Hatcher, Special Projects Assistant, Cook County Sheriff's Office, Sheriff's Women's Justice Programs

The Mature Woman with a Criminal History

**11:00 Audrey Thompson, MSW**, Long Term Care Ombudsman for Evanston & Illinois Regional Ombudsman, City of Evanston Senior Services *The Power of a Mature Woman* 

**11:10 Martha Holstein, PhD**, Co-Director, Center for Long-Term Care Reform, Health & Medicine Policy Research Group

Women, Cumulative Disadvantage and Elder Economic (In)Security

**11:20 Carrie Wachter,** Director of Education and Training, Rape Victim Advocates

Sexual Violence and Older Women: Prevalence, Impact and Creating Solutions

**11:30 Pamela Bozeman Evans,** Chief Operating Officer, YWCA Metropolitan Chicago

Working Women Aging into the Work Place

**11:40 Lara Hinz,** Director of Programs, Women's Institute for a Secure Retirement (WISER)

Helping Women Overcome Obstacles to Retirement Security

**11:50 Yvonne Hudson,** Chicago Coalition for the Homeless *Homeless Mature Women on Unemployment Compensation* 

12:00 Julie Jones, Of Counsel Legacy Attorney, Protecting Legacies LLC Protecting Your Legacy to Achieve Peace of Mind

**12:10 Sandra Silva,** Manager, Senior Options Consulting *Helping Seniors Stay in Their Homes* 

**12:20 Jennifer Greene,** Policy Advisor, Office of the Cook County State's Attorney

A Prosecutor's Resources for the Mature Woman

12:30 – 12:45 Questions

## Commission on Women's Issues

Toni Preckwinkle, President Cook County Board of Commissioners

Peggy A. Montes - Chairperson

**Commissioners** 

Jennifer Artis Laura Bartell Kathryn A. Below Dr. Frances G. Carroll Cheryl A. Ealey\* Appt. pending Linda Fleming Carmen Flores-Rance Dr. Harvette Grey Trina Janes Marjorie A. Manchen Andrea A. Raila Tiffany Randle Hon. Ginger Rugai Dr. Aparna Sen-Yeldandi Thamreen Siddigui Jacquelyn M. Small

MaryNic U. Foster, Executive Director April S. Williams-Luster, Community Relations Coordinator/Liaison

### COOK COUNTY COMMISSION ON WOMEN'S ISSUES

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### Cook County Commission on Women's Issues



# 2011 PUBLIC HEARING The Mature Woman: Navigating Life's Challenges to Live, Survive and Thrive

Thursday, October 20, 2011 9:00 a.m. – 12:00 p.m. George W. Dunne Cook County Administration Building 69 W. Washington St., 17<sup>th</sup> Floor Conference Room Chicago, IL 60602